

think global, bike local

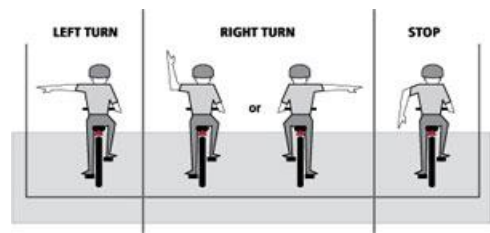
**RUTGERS**

bikes.rutgers.edu



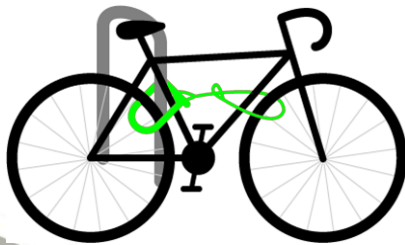
# BICYCLE SAFETY

AT RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY



## EQUIPMENT

- Wear a helmet that is fitted to your head and is less than five years old. Helmets are your last line of defense to reduce the severity of crashes.
- Lock your bike frame and both wheels to avoid theft.
- Register your bike at [rudots.rutgers.edu](http://rudots.rutgers.edu) so that your bike can be identified if stolen.
- Use a front and rear light at night. Consider other visibility equipment like reflectors or reflective tape.



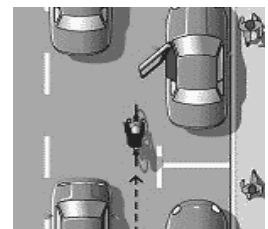
Secure the frame and both wheels.  
U-locks are preferred.

## WHERE TO RIDE

- Ride with traffic, not against it.
- Be predictable. Don't swerve in and out of cars parked along the street.
- Ride with your tire a minimum of 4 ft from parked cars to avoid being "doored".

## RULES OF THE ROAD

- When on the road, bikes have the rights and responsibilities of an automobile. Act like one. Obey stop signs, signals and use turn lanes as a car would.
- Check over your shoulder for traffic and use hand signals before you:
  - Turn
  - Change lanes
  - Change position significantly
- You may move toward the center of a travel lane when:
  - You are preparing to make a left turn or before switching lanes.
  - The lane is too narrow for cars and bikes to travel side-by-side and speeds are low.
  - Necessary to ride outside the "door zone" of parked cars.



Avoid the door-zone by riding 4ft away from parked cars.



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